

Courageous Homeschooling



***A Guide to Creating
Peace, Trust and Joy***



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Action Plan

Lesson 7



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Words to Watch:

I need

I love

I feel vulnerable

I feel protected

I am helpless

I can take action

I need to control

I let go

I am afraid

I am excited

I can't

I don't choose

I am disappointed

I accept what is

I don't know

I am on my way

I am worried

I am at peace

Life is difficult

Life is full of possibilities



This is just a small sample of the words to watch out for. Once you become aware, you'll realize you've been hitting yourself over the head with unnecessary anxiety and worry.

Just by speaking to yourself - and others - with the right words your inner self will begin to glow.

I'd also like to borrow a suggestion from one of my Facebook fans. To help keep you on track, she suggests:

"Maybe your **reason for homeschooling** could be **written on a notecard** and posted as a reminder of the reasons this is a good choice for your family." ~ Facebook fan

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