STUFF YOU NEED:
1. BUCKET
2. WATER
3. RED FOOD COLORING
4. LITER JUG

INSTRUCTIONS
The human body has an average of 5.6 liters of blood.

STEP ONE: ADD RED FOOD COLORING TO WATER.
STEP TWO: TAKE A LITER JUG.
STEP THREE: MEASURE OUT 5.6 LITERS INTO A BUCKET.

HOW TO MAKE BLOOD

STUFF YOU NEED:
1. RED AND WHITE JELLY BEANS for red and white blood cells
2. RICE for platelets
3. CORN SYRUP OR OLIVE OIL for plasma
4. MIXING BOWL

INSTRUCTIONS
STEP ONE: MAKE UP YOUR HUMAN BLOOD FOLLOWING THE GUIDELINES BELOW:

- White blood cells (Leukocytes) are cells of the immune system defending us against disease. They make up approximately 1% of the total blood volume in a healthy adult.
- Red blood cells (Erythrocytes) carry oxygen round the body. They are the most common cell and make up 40-45% of its volume.
- Platelets are tiny cell fragments that circulate in the blood and help form blood clots when you cut yourself. The best answer I got was about 0.1% of the total volume. Tip in a few rice grains!
- Plasma is the liquid component of blood and makes up 55% of the volume.